

## NORTH FORTY

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TONIGHT, Don't forget Mountain Communities Healthcare Board will hold a public forum from 6-9 at the IOOF. Come and let them know your views on the hospital's performance.

Can you believe we've stepped into the holiday mode with plenty of fun events coming your way.

You already know about the celebration potluck dinner for Chief Roger Chatterton on December 3, 5 PM at the IOOF Hall. Please send donations to Pat Forbes (Box 249) or Cheryl Mogensen (Box 233). We want to honor him (and Sue, too) in a big way.

Call Cedar Stock by Tuesday, November 16 to reserve your seat for Chef Shannon Lewis' complete cordon bleu dinner and dessert (\$21.00) on Friday, November 19 from 5-8.

Its holiday time again, and with it comes the joyous tradition of decorating your home. Think big this season, dust off those decorations, capture that magic we knew as kids, & join in the light show of the year! Join in the holiday lighting contest sponsored by Trinity Lake Lions and Trinity Lake Revitalization Alliance. Entry is free and there are \$675 in cash prizes to be won with a winner and runner up from each of the following areas: Covington Mill - Lake Forest - Long Canyon area; Trinity Center - Trinity Knolls area and Coffee Creek- East Fork area with businesses and organizations being a separate category. Entry forms accepted from November 15 to Dec 9 at 4:30 PM. Forms and contest rules will be available at local establishments and, after November 20 on the North Trinity Lake website. Judging will occur December 11 through 19.

How about Healthy Holiday Eating? To get some ideas, samples and recipes come to the community workshop sponsored by the Mountain Communities Healthcare Foundation Board, (a nonprofit arm of the hospital). I'll give you the date in the next North 40 but it will be held at the Coffee Creek Church Community Center. This workshop comes as the result of 350 community wide surveys which overwhelmingly identified diabetes, nutrition and obesity as the 3 topics of greatest interest in health education.

Would you like to try being an elf this Christmas? Please join the fun of shopping, wrapping and distributing gifts and food to our Northlake school children and their families. Call Virginia at 266-3518 to volunteer for elf duty.

Need to clean your chimney? Joe Vukonich has volunteered to loan his 30 feet of cleaning rods and cleaning brush. Call him at 286-2245 or send an email to [jvukonich@gmail.com](mailto:jvukonich@gmail.com).

You can get a warm bowl of soup, a Christmas tree and gift wrapping on the last Sunday in November, the 28<sup>th</sup>, at the IOOF hall from 10 AM to 4 PM. This is sponsored by the seventh and eighth grade kids and parents of Trinity Center School, proceeds going to their 7<sup>th</sup>-8<sup>th</sup> grade trip.

Thank you for supporting recent events including the CCVFD Fireflies Arts and Crafts Fair, the Coffee Creek School Haunted House and Trinity Center School's Lasagna dinner. It takes us all to keep the community spirit flowing.